



"Better Opportunities for Single Soldiers"

Volume 1, Issue 2

The BOSS Call

Website: boss.armymwr.com

February/March 2009

Component Advisory

National Nutrition Month

Help the Spring dieters. Offer healthy salad menus and a lunchtime walking group.

Red Cross Month

Hold a blood drive spearheaded by your BOSS Soldiers.

Alcohol Awareness Month

April 1-30 is recognized to help promote awareness on the effect of alcohol and what it can do to your body! Please join us in promoting awareness around the Army.



Family and MWR
Command

ATTN:IMWR-CRB
4700 King Street

Alexandria, VA 22302-4418
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Farewell SFC Coatney! Welcome SGT Colson!

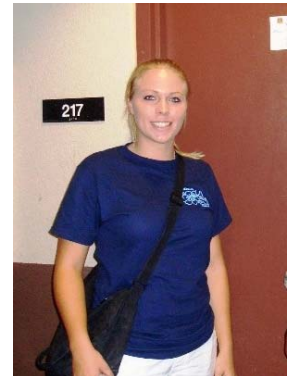
The DA BOSS team is saying farewell to one of the greats again! Since joining the DA BOSS team in July 2006 he has been a true leader of Soldiers. TC will be relocating to Fort Carson, Colorado where he will be the Property Book Office NCOIC for the 43rd Sustainment Brigade.



SFC Coatney,


Thank you for all of your continued support to the BOSS program and for your passion in taking care of America's most precious resource.

The DA BOSS team would like to welcome SGT Danielle Colson. She comes to us from USAG Hawaii where she was deployed to Iraq. SGT Colson has served as the BOSS President at Yongsan, Korea and USAG Hawaii. She has also served as a BOSS delegate for the HQ DA AFAP conference and a staff member for the HQDA BOSS Forum in 2007. She is currently scheduled to report to FMWRC in May.



Interim - DA BOSS Representative

With SFC Coatney on his way to Fort Carson, CO and SGT Colson on her way back from deployment the DA BOSS Team has acquired an Interim DA BOSS Rep. SPC Maki comes to the team from USAG Grafenwoehr, Germany where he served as the full-time BOSS President for 2 years and currently is the IMCOM-Europe BOSS Representative. If you need to contact him, please send emails to imwr-boss@conus.army.mil.



We Need your input! In order to ensure our BOSS programs meet your needs, please take a moment to take our new survey.

QUALITY OF LIFE
RECREATION + LEISURE
COMMUNITY SERVICE

<http://www.armymwr.com/fmwrc/BOSS/survey.htm>

Commissary Commando Competition

Commissary Commando Competition, formally known as Commissary Awareness Month, is approaching in May 2009. Defense Commissary Agency (DeCA) will host the 2009 Joint Operation Commissary Commando Competition. Each BOSS program will have a chance to win cash prizes. Information will be sent out as it becomes available. Any questions can be forwarded to SPC Maki at the following email: imwr-boss@conus.army.mil

2009 BOSS Survey Let Your Voice Be Heard

The New BOSS Survey is now online. BOSS teams or anyone who may be involved with your BOSS program can provide feedback to the DA BOSS program. Your feedback is necessary to ensure future decisions are based utilizing results collected from this survey. Visit www.armymwr.com to take the BOSS Survey today.

Presidential Volunteer Service Award (PVSA)

If you want your program to be recognized for their community service then submit for the PVSA.

Follow the Simple Steps below:

- 1- Tally your hours by writing Soldiers names, events they volunteered for, and total hours volunteered for each event.
- 2- Then add total hours together for all.
- 3- Submit your data to your local Installation Volunteer Coordinator (IVC) for review and validation.
- 4- IVC needs to email consolidated information Attention: BOSS PVSA to: imwr-boss@conus.army.mil

POV and Motorcycle Simulators

Have you heard about the new learning tools that the Army has to offer? The Army Installation Management Command, through the Army Traffic Safety Training Program delivered by Cape Fox Professional Services, has fielded a mix of Motorcycle and POV simulators to a select number of Army installations worldwide. The purpose of the simulation "pilot" program is to raise awareness of driving and motorcycle riding perils, and there are a variety of things to be learned from the systems. If you enjoy playing video games, this training will take you to a whole new level.

The POV simulator features all the necessary controls to replicate driving a car and can also be configured to standard transmission. It offers a full 120-degree view of the virtual driving environment and realistic driving with full controls found in a typical car. There are a wide variety of simulated driving conditions which can challenge even the most experienced driver. The EF Bike motorcycle simulator is the best on the market today. It uses three large plasma displays with a bike chassis mounted on a motion platform to accurately recreate the sensation of driving in city, country or even highway conditions.

If you have decided that a bike is for you, you could move onto Module 2, the Full Course. The Full Course incorporates the skills that are used on the range for a beginner's motorcycle course. You will complete exercises in braking, turning, swerving and of course leaning, just to name a few. This course is quite in-depth and will take several sessions to complete.

Now let's say you have just returned from a deployment, or you are stationed where the riding season is limited, Module 3 is a refresher in the basic survival skills of riding. Ever heard of a situation where a little more brakes could have made the difference in an emergency situation? Then you may want to check out Module 4, Emergency and Dangerous situations. This module provides riders with mental and hands-on practice in crash-avoidance skills. We all know this can be a very helpful tool that we really don't want to have the opportunity to practice.

The last, Module 6 is the Remedial Course. This is the course that is designed to do just as the name implies. It targets those that need additional training in the basics and is used to identify the importance of defensive riding and to stress proper riding behaviors.

The POV simulator offers a wide selection of driving skills. If you have never driven a vehicle, it can familiarize you with the many controls and their functions. It can also help those new drivers and even some old ones from throwing their passengers through the windshield with braking techniques. If you have never driven a manual transmission, the simulator will prevent you from having to replace the clutch if you are a beginner. What better way to get some hands on experience?

