



US ARMY NAF EMPLOYEE BENEFITS PROGRAM

Premiums for Calendar Year 2019

Bi-Weekly Employee Premiums

	DOD Health Benefit Plan (DODHBP)	Kaiser Permanente Health Plan (Mid-Atlantic)	Kaiser Permanente Hawaii	Hawaii Medical Service Association
Single no dental	\$81.39	\$99.74	\$95.22	\$97.68
Single + Child(ren) no dental	\$157.08	\$189.51	\$183.78	\$185.60
Single + Spouse no dental	\$188.01	\$209.46	\$219.96	\$223.69
Single + Spouse + Child(ren) no dental	\$249.05	\$299.23	\$291.38	\$311.60
Single with dental	\$85.89	\$104.23	\$100.98	\$102.39
Single + Child(ren) with dental	\$165.76	\$198.18	\$194.13	\$194.55
Single + Spouse with dental	\$198.39	\$219.84	\$231.47	\$234.48
Single + Spouse + Child(ren) with dental	\$262.81	\$312.98	\$308.63	\$326.63

Stand Alone Dental

Single	\$16.10
Single + Child(ren)	\$36.24
Single + Spouse	\$32.21
Single + Spouse + Child(ren)	\$52.34

****Basic Life Insurance** \$.11 per \$1,000 of coverage for employee and employer

Dependent Life Insurance \$5,000 spouse/\$2,500 child	Free w/basic life
\$10,000 spouse/5,000 child	\$1.25
\$15,000 spouse/7,500 child	\$2.50
\$20,000 spouse/\$10,000 child	\$3.75
\$25,000 spouse/\$12,500 child	\$5.00

****Note: The premium holiday for basic life insurance will end 31 Dec 18.
Employees who wish to discontinue their basic life insurance coverage in 2019
need to dis-enroll by visiting their local HRO during NAF Open Enrollment.**

Optional Life Insurance		Bi-Weekly Premiums per \$10,000 coverage	
Under age 35	\$.70	Age 55-59	\$5.40
Age 35-39	\$.80	Age 60-64	\$8.90
Age 40-44	\$1.40	Age 65-69	\$12.50
Age 45-49	\$2.10	Age 70 and over	\$20.50
Age 50-54	\$3.50		

Monthly Premium Continuations

	Single	Single + Child(ren)	Single +Spouse	Single + Spouse +Child(ren)
DODHBP Retiree Medical with Plan Dental	\$186.07	\$359.13	\$429.84	\$569.39
DODHBP Retiree Medical Plan without Dental	\$176.34	\$340.34	\$407.35	\$539.60
Temporary Continued Coverage (TCC) for 18 months, NO DENTAL	\$599.56	\$1157.15	\$1,384.98	\$1834.65