### Libraries

Civ. 06371-86-7322

**Rheinland-Pfalz Library** Landstuhl Post, Bldg. 3810 Mon-Thu, 10 a.m.-6 p.m. Fri, I-5 p.m. Sat, 9 a.m.-1 p.m. DSN 486-7322

### Kleber Branch Kleber Kaserne, Bldg. 3205

Mon-Fri, II a.m.-5 p.m. Closed German Holidays DSN 483-1740 Civ. 0631-411-1740

# Massage and Yoga Studio

Massage available by appointment and yoga classes available weekly. Pulaski Barracks, Bldg. 2899

Hours vary, please check schedule online. DSN 493-4156 | Civ. 0631-3406-4156

### **NAF Personnel Office**

Employment assistance for Non Appropriated Funds positions. Please call for appointments.

Kleber Kaserne, Bldg. 3209 DSN 483-4851 | Ćiv. 0631-411-4851

### **Outdoor Recreation**

Offers trips for adventure and family fun! Available for rental: camping gear, garden tools, power equipment, canopies, tables, sporting goods, bouncy castles, unit sport packages, skis/snowboards, bikes, buses, vans and storage units.

Pulaski Barracks, Bldg. 2905

Mon-Fri, 9 a.m.-6 p.m. DSN 493-4117 | Civ. 0631-3406-4117

# **Sembach Community Activity** Center (SCAC)

Designed with comfort in mind, this is the hub for community activities,

dining and entertainment in Sembach. Sembach Kaserne, Bldg. 220

Mon-Thu & Sun, 7 a.m.-midnight Fri & Sat, 7 a.m.-2 a.m. DSN 541-9108

Civ. 0611-143-541-9108

**Manhattan Lounge** Mon-Thu, 5-11:30 p.m. Fri & Sat, 5 p.m.-2 a.m. Sun, 5 p.m.-midnight

**Warrior Zone** 

Restaurant

Daily, 7-9 a.m., 11 a.m.-1 p.m., (Short Order until 1;30 p.m.), 4-7:30 p.m.

Mon-Fri, 8 a.m.-10 p.m. Sat-Sun, Noon-10 p.m. DSN 541-9109 Civ. 0611-143-541-9109

Value Added Tax (VAT) Office Offers VAT forms that can be used by ID cardholders and MWR Unit

Rhine Ordnance Barracks, Bldg. 162 Mon-Fri, 9 a.m.-5 p.m. DSN 541-9089 Civ. 0611-143-541-9089

Landstuhl Post, Bldg. 3810 (inside Library)

Mon-Thu, 10 a.m.-1 p.m. & 2-5 p.m. Fri. I-5 p.m. DSN 486-1780 Civ. 06371-86-1780

unit funds. You may also order VAT forms online.

Kleber Kaserne, Bldg. 3245, Rm. 109

Mon-Fri, 9 a.m.-4 p.m. DSN 483-1780 Civ. 0631-411-1780

# **Sports & Fitness**

All Fitness Centers offer basketball and raquetball courts, cardio and strength equipment, free weights, and are open on Federal and Training Holidays, 9 a.m.-5 p.m.

### **Kleber Fitness Center**

Additionally, offers a volleyball court, spin bikes, saunas and an outdoor sports complex with softball, football and soccer fields. Personal trainers and classes available.

Kleber Kaserne, Bldg. 3235

Mon-Fri, 5:30 a.m.-9 p.m. Sat-Sun, 10 a.m.-4:30 p.m.

DSN 483-7549/7610 Civ. 0631-411-7549/7610

#### **Landstuhl Fitness Center**

Additionally, offers a softball field, cardio and spin classes, saunas and massages by appointment. Personal trainers and classes available.

Landstuhl Post, Bldg. 3720/3722

Mon-Fri, 5:30 a.m.-9 p.m. Sat-Sun, 10 a.m.-4:30 p.m.

DSN 486-7172

Civ. 06371-86-7172

**Miesau Fitness Center** 

Additionally, offers full size basketball and volleyball courts, a soccer field, saunas and a tennis court.

Miesau Army Depot, Bldg. 1220

Mon-Fri, 6 a.m.-6 p.m. DSN 481-3797 Civ. 06372-842-3797 **ROB Fitness Center** 

Additionally, offers a full range of exercise equipment and saunas. Personal trainers and classes available.

Rhine Ordnance Barracks, Bldg. 172

Mon-Fri, 5 a.m.-8:30 p.m. Sat-Sun, 10 a.m.-4:30 p.m.

DSN 493-2241 Civ. 0631-3406-2241

**Sembach Fitness Center** 

Additionally, offers a volleyball court, saunas and massage by appointment. Classes available.

Funds to save money on purchases. Call the Kleber office for help with

Sembach Kaserne, Bldg. 105

Mon-Fri, 5:30 a.m.-9 p.m. Sat-Sun, 10 a.m.-4:30 p.m.

DSN 541-9204

Civ. 0611-143-541-9204

### U.S. ARMY GARRISON RHEINLAND-PFALZ



# Family and Morale, Welfare and Recreation (MWR)

Family and MWR Director Steve Pelletier 541-9051 | 0611-143-541-9051 steven.l.pelletier.naf@mail.mil

Revised 4/5/2017

# CONNECT

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**Army Community Service (ACS)** 

Serves as the Commander's primary resource for developing, coordinating and delivering Soldier and Family social support services. Many classes are available. Also offers a Lending Closet for incoming Soldiers and their Families.

Kleber Kaserne, Bldg. 3210

Mon-Wed & Fri. 8 a.m.-5 p.m. Thu, 8 a.m.-1 p.m. DSN 541-9000 | Civ. 0611-143-541-9000

# **Armstrong's Club**

Features dining, entertainment, catering services, space rental and more.

Vogelweh Housing, Bldg. 1036

**Game Room** 

Mon-Thu, II a.m.-II p.m. Fri, II a.m.-2 a.m. Sat, 2 p.m.-2 a.m.

Castello's Snack Bar

Lunch: Mon-Fri, II a.m.-2 p.m. Dinner: Mon-Sat, 5-10 p.m. Delivery available Mon-Sat Civ. 0631-350-8589

Irish Pub

Mon-Thu, 4-11 p.m. Fri, 4 p.m.-2 a.m. Sat, 2 p.m.-2 a.m. Civ. 0631-354-9986

**Armstrong's Catering** 

Book an appointment. Civ. 0631-350-7919

### **Automotive Skills Centers**

Offers a modern working environment complete with individual work bays, state-of-the-art mechanical tools and a team of qualified and trained staff ready to help. Certified mechanics on duty.

Landstuhl Post, Bldg. 3800

**Craft Shop** Mon-Fri, 9 a.m.-7 p.m.

Sat. 9 a.m.-5 p.m. U.S. Holidays, 9 a.m.-3 p.m.

**Speedy Lube** 

Mon-Fri, 9 a.m.-7 p.m. Sat, 9 a.m.-5 p.m. U.S. Holidays, 9 a.m.-3 p.m.

DSN 486-7335

Civ. 06371-86-7335

**Auspuff Stein Mechanic** 

Mon-Fri, 8 a.m.-6 p.m. (Closed German Holidays) Sun, 10 a.m.-5 p.m. Civ. 06371-493-1628

Landstuhl Post, Bldg. 97370 Speedy Car Wash

Mon-Fri 10 a.m.-6 p.m. Sat, 9 a.m.-5 p.m.

Open Sun, 9 a.m.-3 p.m. on a seasonal basis. Closed German Holidays

DSN 486-5153 Civ. 06371-86-5153 Pulaski Barracks, Bldg. 2859 **Craft Shop** 

Mon-Fri, 10 a.m.-7 p.m. Sat. 8 a.m.-7 p.m. Sun, 10 a.m.-5 p.m.

Training Holidays, 9 a.m.-6 p.m.

**Speedy Lube** 

Sun-Fri, 9 a.m.-5 p.m. Sat, 8 a.m.-5 p.m.

(Sun appointments available) Speedy Car Wash

Mon-Sat, 10 a.m.-6 p.m.

DSN 493-4167 Civ. 0631-3406-4167

**Auspuff Stein Mechanic** Mon-Fri, 8 a.m.-6 p.m. Sat, 9 a.m.-4 p.m.

Civ. 0631-350-2323

**BOSS** (Better Opportunities for Single Soldiers)

The BOSS program encompasses recreation & leisure, wellbeing and community service.

Rhine Ordnance Barracks, Bldg. 162 DSN 541-9059 | Civ. 0611-143-541-9059

# **Child. Youth and School Services**

**Parent Central Services** Rhine Ordnance Barracks, Bldg. 162

Mon-Fri, 9 a.m.-5 p.m. DSN 541-9066 Civ. 0611-143-541-9066



### **Child Development Center (CDC)**

All CDCs: Mon-Fri, 6 a.m.-6 p.m. Closed on Federal Holidays Kleber Kaserne, Bldg. 3224 Currently closed for renovations. Landstuhl Post, Bldg. 93802

DSN 486-7350/8254 Civ. 06371-86-7350/8254 Landstuhl Post, Bldg. 3812

DSN 486-6566 Civ. 06371-86-6566 Miesau Army Depot, Bldg. 1314

DSN 481-3774/3639 Civ. 06372-842-3774/3639

Sembach Kaserne, Bldg. 83

DSN 541-9099 Civ. 0611-143-541-9099

**School Age Center** Landstuhl Post, Bldg. 3851

Mon-Fri, 6-8 a.m. and 2:30-6 p.m. Non School Days, 6 a.m.-6 p.m. DSN 486-7281/6646 Civ. 06371-86-7281/6646

Sembach Kaserne, Bldg. 17, Rm. 9 & 10

Mon-Fri, 6-8 a.m. and 2:30-6 p.m. Non School Days, 6 a.m.-6 p.m. DSN 545-1112 Civ. 0611-143-545-1112

**SKIES**Unlimited Landstuhl Post, Bldg. 3819

DSN 486-5412 Civ. 06371-86-5412

### **Youth Sports**

Landstuhl Post, Bldg. 3819 DSN 486-8375 Civ. 06371-86-8375 Sembach Kaserne, Bldg. 105 DSN 496-7607 Civ. 06302-67-7607

**School Liaison Officer** Pulaski Barracks, Bldg. 2925,

Wing B DSN 541-9061

Civ. 0611-143-541-9061

### **Youth Center** Landstuhl Post, Bldg. 93812

Mon-Fri, 2:30-7 p.m. DSN 486-8658 Civ. 06371-86-8658 Sembach Kaserne, Bldg. 3, Rm. 274 & 275

Mon-Fri, 2:30-6 p.m. DSN 541-9300 Civ. 0611-143-541-9300









# **Financial Management**

Rhine Ordnance Barracks, Bldg. 162 DSN 541-9055 | Civ. 0611-143-541-9055

### lava Cafe

Serving Starbucks coffee, Tazo teas, other delicious hot and cold beverages, baked goods, sandwiches, wraps and more.

Kleber Kaserne, Bldg. 3232 (inside KMC Onstage)

Mon-Fri, 7 a.m.-3 p.m.

Training Holidays, 7 a.m.-1 p.m. DSN 483-8063 | Civ. 0631-411-8063

Landstuhl Post, Bldg. 3774 (inside LRMC)

Mon-Fri, 6 a.m.-4 p.m.

Sat. 7-11 a.m.

Training Holidays, 7 a.m.-1 p.m. DSN 486-7666 | Civ. 06371-86-7666

Rhine Ordnance Barracks, Bldg. 273

Mon-Fri, 7 a.m.-4 p.m. Sat, 9 a.m.-4 p.m. Sun, 9 a.m.-4 p.m. Training Holidays, 7 a.m.-1 p.m.

DSN 493-2623 | Civ. 0631-3406-2623

Sembach Kaserne, Bldg. 109

Mon-Fri, 7 a.m.-2 p.m. Training Holidays, 7 a.m.-1 p.m. DSN 541-9101 | Civ. 0611-143-541-9101

### Kazabra Club

A country and western bar that includes Bingo and Texas Hold'em. Vogelweh, Bldg. 2057

Mon-Thu, I0 a.m.-8 p.m. Sat. I p.m.-3 a.m. Fri, 10 a.m.-1 a.m. Sun, 12 p.m.-9 p.m. DSN 489-7261 | Civ. 0631-536-7261

**KMC** Onstage

An Army Community Theater producing regularly scheduled plays, musicals and talent contests. A Java Cafe is located inside. Kleber Kaserne, Bldg. 3232

Tue-Fri, 12-5 p.m. DSN 483-6626 | Civ. 0631-411-6626

# **Landstuhl Community Club**

Offers catering, conferencing, bar/lounge and restaurant and a game

Landstuhl Post, Bldg. 3780 Mon, II a.m.-4 p.m.

Tue-Fri, II a.m.-10 p.m. Sat, 4-11 p.m. DSN 486-7244 Civ. 06371-86-7244

Halftime Sports Bar Lunch: Mon. 10 a.m.-2 p.m. Tue-Fri, II a.m.-2 p.m. Dinner: Tue-Sat, 5-10 p.m.

DSN 486-6107 Civ. 06371-86-6107