



Winter/Spring
Catalog 2019



SKIES *Unlimited*
Schools of **Knowledge**, **Inspiration**, **Exploration** & **Skills**

About Us

The SKIES*Unlimited* Program at USAG Italy supports the Child & Youth Services commitment to Families by enhancing options for the development of youth through quality learning opportunities.

We offer instructional classes for youth in each of our four schools: School of Academics, Arts, Life and Sports. SKIES*Unlimited* is committed to creating an environment of excellence by providing quality class materials and using instructors who are certified experts in their fields. Classes are offered for specific age groups ranging from 6 months to 18 years of age.

Enrollment for SKIES*Unlimited* classes takes place at CYS Parent Central Services in the Davis Soldier & Family Readiness Center, Bldg. 108 on Caserma Ederle, or online at <https://webtrac.mwr.army.mil>

For more information on classes, or if you are interested in becoming a SKIES*Unlimited* instructor, please call +39 0444-71-8447 or send an email to usarmy.usag-italy.imcom-europe.mbx.fmwr-vmc-pcs@mail.mil

Our Philosophy

At SKIES*Unlimited*, our focus is high quality instructional classes inspiring our students to explore, learn and grow.

Through a cadre of caring faculty and staff, we encourage our students to set high goals and work to achieve them.

We strive to provide a variety of educational activities for all members of our CYS Family and seize every opportunity to learn, grow, support and have fun!

Thank you for supporting the SKIES*Unlimited* program!

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About the Instructor



Marta Guarda

Marta Guarda is passionate about foreign languages and cultures. She is an experienced instructor of Italian as a second language and is excited to share her love of language with her students.

She holds a master's degree in foreign languages and international communication and has completed her doctorate in applied linguistics and English studies with the University of Padova.

Enrollment

Enrollment opens: Jan. 8

Enroll at CYS Parent Central Services Bldg. 108 or online at <https://webtrac.mwr.army.mil>

Enrollment Min. 6 | Max. 9

Sessions and Fees

**Fun with Italian Language
Parent & Me Italian Classes**

Session: Jan. 17 - Feb. 21

3-5 years - 2:30-3:15 p.m.

Cost: \$48/session (6 classes)

**Classes are held Thursdays in
SKIES, Bldg. 308, Ederle.**



Class details

***Parent Participation is required
for Parent & Me classes.***

Fun with Italian Language:

In this playgroup, basic Italian vocabulary will be taught through songs, nursery rhymes, games, stories, toys, dancing and visual materials. By engaging in these group activities, children will start to familiarize with the Italian language and aim to naturally and effortlessly absorb it.



BEFORE AND AFTER SCHOOL AGE CARE

At the Villaggio School Age Center we provide before, after and hourly school care with chances to learn, grow and develop!



OPEN TO

Children Grades 1-5



CARE OFFERED

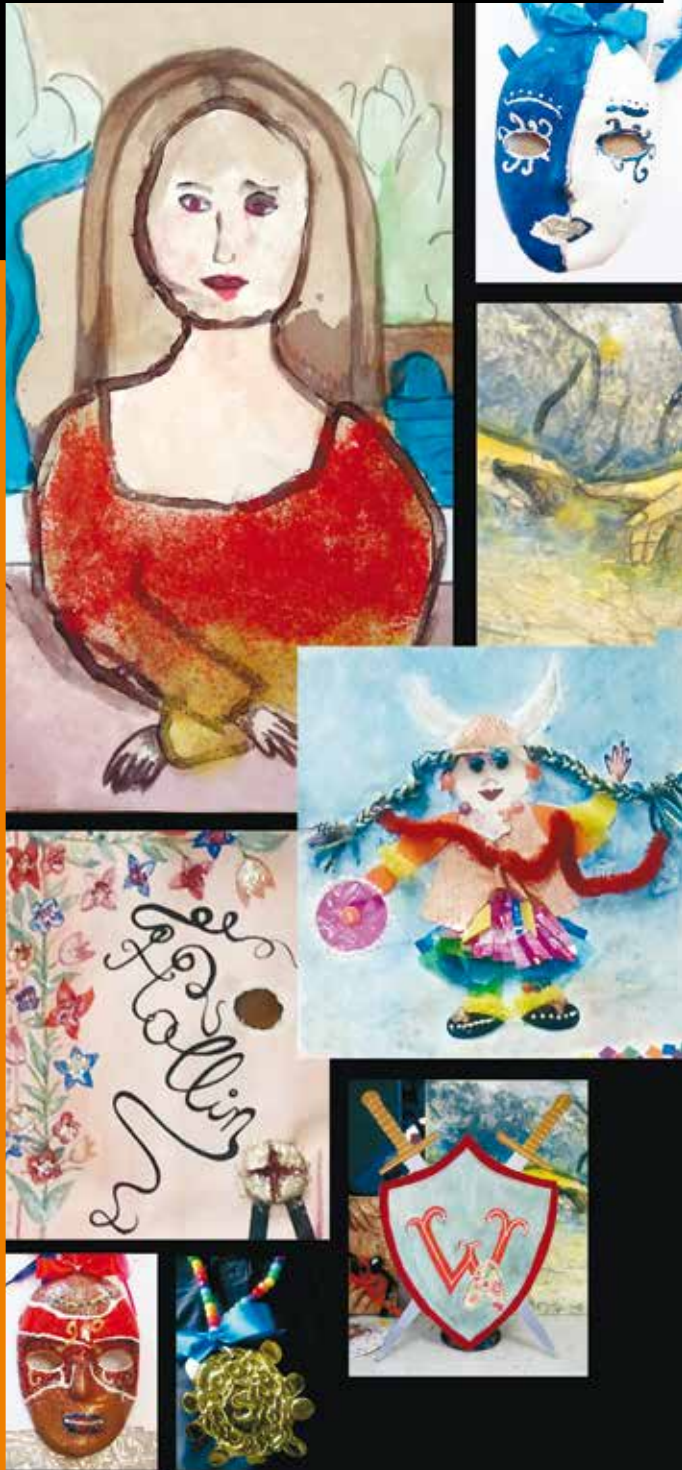
5:45 a.m. - 6:15 p.m.



LOCATION

Villaggio, Bldg. 703

For more information, call 0444-71-7219. | www.italy.armyMWR.com



About the Instructor



Latica Vitez

Latica Vitez has been teaching a mixture of arts, crafts and culture classes with the SKIES program since 2013.

She was born to an artistic family in Zagreb, Croatia. She graduated from the School of Applied Arts and Design in Zagreb, the same school in which her father studied. She obtained a post-graduate diploma in Jewelry Design from the Scuola d'Arte e Mestieri di Vicenza, and in 2014 she completed an additional degree in Conservation of Cultural Heritage and Performing Arts Management at Ca' Foscari, Università di Venezia.

In her youth, Latica worked as an arts and crafts camp counselor in California with the International Counselor Exchange Program.

She regularly participates in exhibitions showcasing her experience with different forms of illustration, various aspects of visual design and creative expressions.

Latica also collaborates with three Italian elementary schools organizing artistic projects and creative programming.

Arts and Crafts

Multicultural Creations

Class details: Students will learn about the session's theme by creating unique hands-on artistic projects. Each project gives youth an opportunity to explore different art mediums and create!

Open to youth ages 6-12 years old.

Session 1: Jan. 12-Feb. 2

Portraits and Animal Sculptures from Ancient Greece & Rome from Medieval Times to Present

Session 2: Feb. 9-Mar. 2

Superheroes and Heroines: Accessories, Cloaks, & Symbols

Session 3: Mar. 9-Mar. 30

Kings and Queens: Jewelry, Crowns, & Weapons

Session 4: May 4-May 25

Strange Creatures and Monsters: Sculptures & Installations

Cost: \$60/session (4 classes)

Please note: Youth can enroll in any session.

Enrollment

Enrollment opens: Jan. 8

Enroll at CYS Parent Central Services, Bldg. 108, or online at <https://webtrac.mwr.army.mil>

Enrollment Min. 4 | Max. 10

Dates/Times: Saturdays, 11 a.m. - 12:30 p.m.

Location: SKIES Bldg. 304, Villaggio

Drawing and Painting

Fine Art

Class details: Students will work on specific projects to develop the skills needed for drawing and painting by exploring different techniques and mediums.

Open to youth ages 6-12 years old.

Session 1: Jan. 12-Feb. 2

Fantasy Portraits, Self Portraits, and Shapes

Session 2: Feb. 9-Mar. 2

Landscapes and City Views: Vedute

Session 3: Mar. 9-Mar. 30

Still Life, Birds, & Animals from Renaissance to Abstract Art

Session 4: May 4-25

Posters and Comics

Cost: \$60/session (4 classes)

Please note: Youth can enroll in any session.

Enrollment

Enrollment opens: Jan. 8

Enroll at CYS Parent Central Services, Bldg. 108, or online at <https://webtrac.mwr.army.mil>

Enrollment Min. 4 | Max. 10

Dates/Times: Saturdays, 9-10:30 a.m.

Location: SKIES Bldg. 304, Villaggio

Discover Fine Art with Ms. Latica

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Parent & Me Fashion Corner

Eco Jewels & Accessories

Class details: Parents and students will design and create beautiful handmade jewelry from recycled material enhancing their relationship with the environment.

Open to youth ages 9 years and older

Session 1: Jan. 17-Feb. 7

Session 2: Feb. 14-Mar. 7

(Cost: \$120/4 classes)

Enrollment Min. 2 | Max. 6

Dates/Times: Thursdays, 3:15-5:15 p.m.

Location: SKIES Bldg. 308, Caserma

Fabric & Sewing

Class Details: Parents and students will explore with different fabrics and learn basic and creative sewing techniques on the sewing machine. They will learn to repair, remodel, and create their own personal fashions to wear.

Open to youth ages 9 years and older

Session 1: Mar. 14-Apr. 4

Session 2: Apr. 18-May 16

(No class Apr. 25)

(Cost: \$120/4 classes)

Enrollment Min. 2 | Max. 4

Dates/Times: Thursdays, 3:15-5:15 p.m.

Location: SKIES Bldg. 308, Ederle

About the Instructor *Fashion & Dance*



Slobodanka (Boba) Bosio Olar

Slobodanka studied at the Jovan Vukanovic in Novi Sad on design and realization of clothing. She has been designing costumes for dance and theatre since 1993. She has been designing contemporary jewelry and accessories and has had exhibitions in Milan with Circuiti Dinamici.

Slobodanka also studied at the Jovan Bandur Dance & Musical State Institute and the Conservatory of Vicenza. She has worked with several national and international masters such as Smilja Mandukic (a student of Greta Wiesenhal) and Mariga Magipinto.

Enrollment

Enrollment opens: Jan. 8

Enroll at CYS Parent Central Services, Bldg. 108, or online at <https://webtrac.mwr.army.mil>

Sessions and Fees

Dance Theatre

Open to youth ages 8 years and older

Session: Jan. 15 - May 14
(No class Apr. 9)

Classes meet Tuesdays
from 4:30-6 p.m.

Cost: \$204 (17 classes)

Enrollment

Enrollment opens: Jan. 8

Enroll at CYS Parent Central Services,
Bldg. 108, or online at <https://webtrac.mwr.army.mil>

Enrollment Min. 4 | Max. 12

Location: SKIES Bldg. 308, Ederle

Class details

Dance Theatre allows one to experiment with new techniques, explorations, and body expressions. It's a choreographic phenomenon which uses a creative process through improvisation into words, movements, and actions.

Uniforms: Dress code is comfortable clothing. Students may dance barefoot, with socks, or jazz shoes.

Spring Dance Recitals: The SKIES Dance program will have dance rehearsals/recitals the week of May 21-23.

The cost of dance recital costumes is not included in the class enrollment fee.

Discover Dance Theatre with Ms. Boba

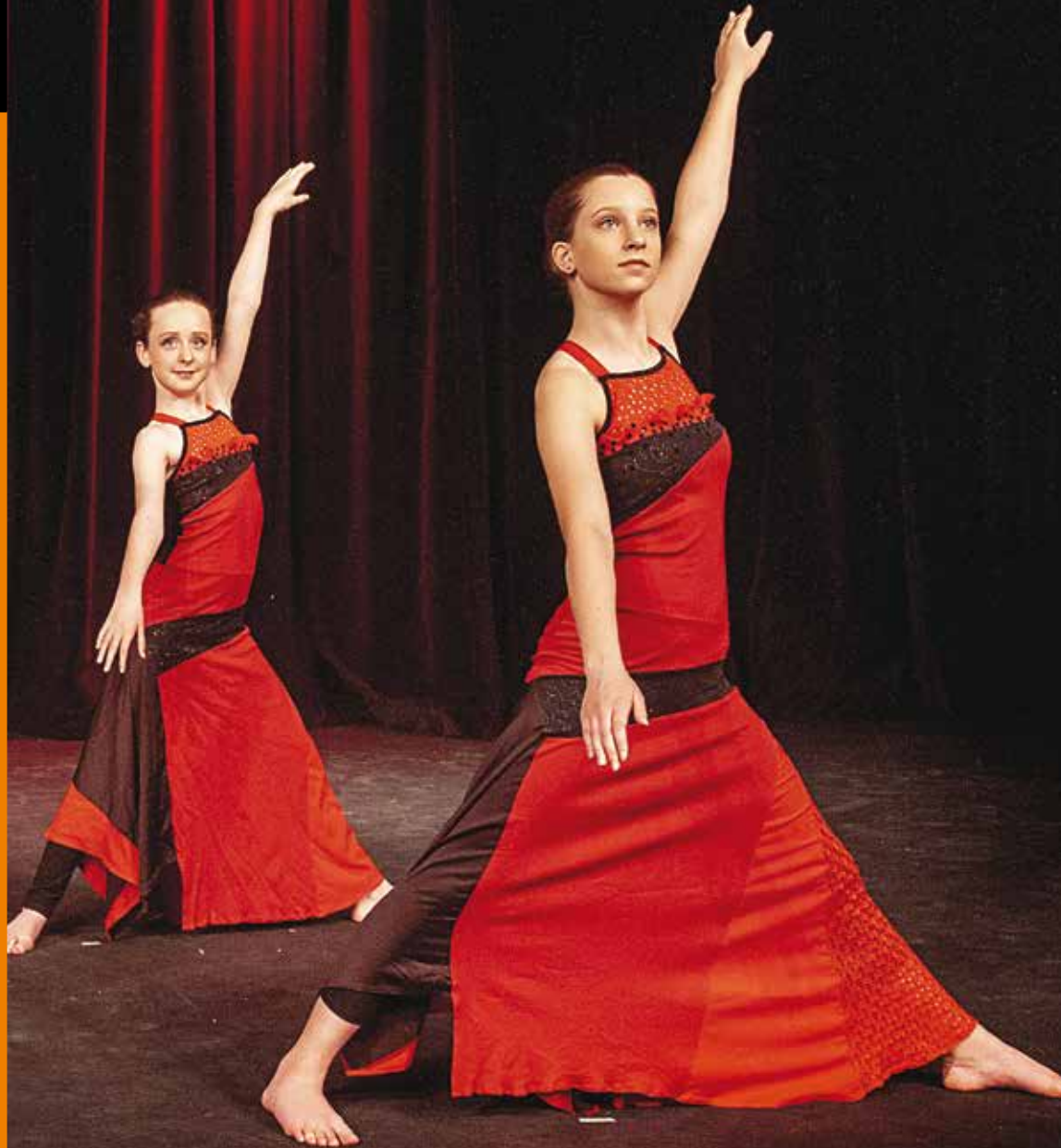


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Discover Dance with Ms. Boba

Eva Bentley and Ruth Basie
Modern Dance with Ms. Slobodanką



SKIES Unlimited

Sessions & Fees

Modern Dance

Open to youth ages 10 years and older

Session: Jan. 14 - May 15

(No classes Jan. 21, Feb. 18, Apr. 8, 10, 22, & May 1)

Classes meet Mondays and Wednesdays
from 4:30-6 p.m.

Cost: \$360 (30 classes)

Hip Hop - Jazz Funk Style

Open to youth ages 9 years and older

Session: Jan. 17 - May 16

(No classes Apr. 11 & 25)

Classes meet Thursdays
from 5:30-6:30 p.m.

Cost: \$128 (16 classes)

Enrollment

Enrollment opens: Jan. 8

Enroll at CYS Parent Central Services, Bldg. 108,
or online at <https://webtrac.mwr.army.mil>

Enrollment Min. 4 | Max. 12

Location: SKIES Bldg. 308, Ederle

Class details

Modern Dance is a form of contemporary, theatrical, and concert dance employing a special technique for developing the use of the entire body in movements expressive of abstract ideas.

Hip Hop offers high energy dance that incorporates the latest in funk, hip-hop, and jazz dance movements.

Uniforms: Dress code is comfortable clothing. Students may dance barefoot, with socks, or jazz shoes.

Spring Dance Recitals: The SKIES Dance program will have dance rehearsals/recitals the week of May 21-23.

The cost of dance recital costumes is not included in the class enrollment fee.

Sessions and Fees

Ballet Pre-Pointe

Open to youth ages 11 years and older

Session: Jan. 16 - May 15

(No classes Jan. 21, Feb. 18, Apr. 8, 10, 22, & May 1)

Classes meet Mondays and Wednesdays

from 3:15-4:15 p.m.

Cost: \$224 (28 classes)

Enrollment

Enrollment opens: Jan. 14

Enroll at CYS Parent Central Services, Bldg. 108,
or online at <https://webtrac.mwr.army.mil>

Enrollment Min. 4 | Max. 12

Location: SKIES Bldg. 308, Ederle

Class details

Ballet Pre-Pointe uses traditional bar and floor exercises to develop correct posture and strength. Students are assessed by our instructor before they are allowed to commence point work.

*Assessment Date: Jan. 14
from 3:15-4:15 p.m.*

Uniforms are required for all dance classes. Uniform information is listed on patrons' receipts at the time of enrollments and on WebTrac under class information.

Spring Dance Recitals: The SKIES Dance program will have dance rehearsals/recitals the week of May 21-23.

The cost of dance recital costumes is not included in the class enrollment fee.

Discover Dance with Ms. Boba

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Alexandra Syrek
Pre-Dance with Ms. Silvia



About the Instructor



Silvia Buico

Silvia Buico is no stranger to the dance program on Caserma Ederle, she began teaching Creative Movement, Tap and Ballet for Child & Youth Services in 1989.

Silvia studied ballet under the Royal Academy of Dance curriculum. She studied and performed Spanish Dance and Sevillanas and attended Medieval Dance classes at the Conservatory of Music in Vicenza.

Her passion for dance and teaching is evident in the warmth which radiates from her as she works with her youngest of students always looking for new ways to inspire.

Silvia is also an instructor of dance on the Italian economy. Her Italian Tap troupe has performed in the Teatro Comunale and in 2012 won a dance competition.

Enrollment

Enrollment opens: Jan. 8

Enroll at CYS Parent Central Services, Bldg. 108, or online at <https://webtrac.mwr.army.mil>

Sessions and Fees

Dance Session: Jan. 14 - May 16

(No classes on Jan. 21, Feb. 18, Apr. 8-11, 22, 25)

**Parent & Me Love to Dance Villaggio
ages 3-5 years**

Classes meet Mondays
from 4:15-5:10 p.m.
Cost: \$112 (14 classes)

Enrollment Min. 5 | Max. 15

Location: SKIES Bldg. 304, Villaggio

**Parent & Me Love to Dance
ages 3-5 years**

from 10-10:50 a.m.

Pre-Dance

ages 4-6 years

from 3:20-4:10 p.m.

Classes meet Tuesdays
Cost: \$136 (17 classes)

Ballet

ages 7 years and older
from 4:15-5:10 p.m.

Tap

ages 8 years and older
from 5:15-6:10 p.m.

Classes meet Tuesdays & Thursdays
Cost: \$264 (33 classes)

Enrollment Min. 5 | Max. 15

Location: SKIES Bldg. 308, Ederle

Class details

*Parent Participation is required for
Parent & Me classes.*

The instructor may move children
between classes based on their skill
levels.

Parent & Me Love to Dance
will introduce young dancers to the
foundation of dance for Ballet, Jazz and
Tap.

Pre-Dance introduces young
dancers to the foundation of Ballet and
Jazz such as flexibility, turn-out, and
rhythm.

Tap is an exciting form of dancing
in which dancers wear special shoes
equipped with metal taps.

Ballet will continue to build on the
foundation in dance, refining proper
Ballet positioning.

**Uniforms are required for all
dance classes.** Uniform information is
listed on patrons' receipts at the time
of enrollments and on WebTrac under
class information.

Spring Dance Recitals: The
SKIES Dance program will have dance
rehearsals/recitals the week of May
21-23.

The cost of dance recital costumes is
not included in the class enrollment fee.

Discover Dance with Ms. Silvia



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Discover Irish Dance with Ms. Esther

Eowyn Armstrong



Esther Bromley

Esther Bromley was born in Kilburn, London to Irish parents. Esther and her family moved to Corby, Northamptonshire where at the age of seven she joined The Clifford Academy of Irish Dancing. By the age of 10, Esther was competing all over England and Ireland. She was recognized for many achievements and received awards and qualified to dance at The World Championship four times.

In 1988 Esther moved to Italy and was later asked to collaborate with a group of traditional Irish musicians called The Birkin Tree. She performed all over northern Italy and in the 90's she and Biagio Mineo (her husband) founded The Tara School of Irish Dancing near Milano, aimed to teach both 'Step' and Ceili'. The school has over 100 students.

Sessions and Fees

Dance Session: Jan. 17 - May 16

(No class on Apr. 11)

Irish Dance ages 5 years & older

Thursdays from 2-4 p.m.

Cost: \$272 (17 classes)

Enrollment

Enrollment opens: Jan. 8

Enroll at CYS Parent Central Services,
Bldg. 108, or <https://webtrac.mwr.army.mil>

Enrollment Min. 4 | Enrollment Max. 15

Location: SKIES Bldg. 308, Ederle

**Please note: This is a multi-level class.*

Ms. Bromley is available for private lessons. Please inquire at the SKIES office if you are interested.

Class details

Irish Dance is a group of traditional dance forms originating in Ireland which can broadly be divided into social dances and performance dances. Classes are taught in a group setting with youth of varying ages and skills.

Dress Code: Youth should be dressed in fitness clothing and shoes in which they can move freely.

The instructor may recommend purchase and can provide assistance in creating specialized soft or hard shoes.

Spring Dance Recitals: The SKIES Dance program will have dance rehearsals/recitals the week of May 21-23.

The cost of dance recital costumes is not included in the class enrollment fee.

About the Instructor



Grazia Donadel

Grazia Donadel is a singer, lyricist and songwriter. She started singing, playing guitar and composing her own songs at the age of 16.

She loves the voice and its power to free people's emotions and minds. She studied choral singing, bel canto with the soprano Silvia Regazzo, pop with Alejandro Martinez and Danila Satragno, canto dhrupad with Amelia Cuni and Ritwik Sanyal and jazz singing with Francesca Bertazzo, Amy London, Sheila Jordan, Shawnn Monteiro.

In 2013 she graduated in jazz performance from the Conservatory [Academy of Music] in Vicenza. She attended training and became certified to teach Music Together children's music classes in March 2018.

Sessions and Fees

Fun with Music!

Parent & Me Music Classes

Session 1: Jan. 17 - Feb. 7

Session 2: Feb. 14 - Mar. 7

Session 3: Mar. 14 - Apr. 4

Session 4: Apr. 25 - May 16

Open to ages 3 months to 4 years old.

Cost: \$44/session (4 classes)

Fun with Music! are Parent & Me classes. Parent participation is required.

Enrollment Min. 4 | Max. 12

Days/Times: Thursdays, 10:30-11:15 a.m.

Location: SKIES Bldg. 308, Ederle

Enrollment opens: Jan. 8

Enroll at CYS Parent Central Services,
Bldg. 108, or online at

<https://webtrac.mwr.army.mil>

Class details

Fun with music! is a multi-age music program. No matter your child's age, participants will learn and explore music and movement together.

All activities encourage discovery and exploration and foster sharing and social skills too.

Fun with music! teaches parents how to encourage their children's learning through vocal play, object exploration, instruments, and creative movement. Play instruments, sing, move - explore!

Discover Fun with Music!

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Private Music Instruction

SKIES *Unlimited* offers private music instruction for:

Flute, Recorder, Guitar (Acoustic & Electric), Ukulele, Piano, Percussion, Saxophone, Violin, Viola, Cello and Voice.

Lessons are offered in 30, 45, or 60 minute blocks of time.

Cost is \$17 per half-hour and lessons are paid for by the month.

Lessons take place between 2-7 p.m. and are held in Bldg. 304 on Villaggio and Bldg. 308 on Ederle.

Availability and Wait lists

SKIES currently has spaces available in most music programs, but availability can change quickly.

If you are interested in music instruction for your child, please stop by SKIES in Bldg. 304, Villaggio, or Bldg. 308, Ederle, to place his or her name on the wait lists.

The lengths of wait lists vary by programs, and slots open up monthly as families transition and schedules change.

Music slots prior to 3 p.m.

If your child is homeschooled or attends an Italian school which finishes earlier in the day, please contact SKIES directly – a spot prior to 3 p.m. may be available.

Call SKIES at 0444-71-8447 to check on instructor availability.





Tommaso Saturnia
Piano Instructor

Tommaso Saturnia was born in Verona, Italy. He started playing piano at the age of six and fell in love with both performance and composition. In 2015 he completed his degree, studying at the “Conservatorio Dall’ Abaco.” In 2018 he received his masters degree in piano solo performance with the highest result cum laude from M° Adriano Ambrosini. During his studies he took masters level courses with teachers across Europe and studied for six months with Lauri Vainmaa.

Tommaso now is currently studying composition and digital composition, continuing at the same time with his passion for jazz piano music and film music. He regularly teaches piano at school in nearby Verona.

Giorgio Dal Monte’s passion for piano began in childhood. He was admitted to the Conservatory [Academy of Music] in Vicenza where, in 2004, he successfully gained his degree in piano.

He has attended specific courses on piano and music teaching methodology for children. He loves teaching and sharing his passion for music with his students and has high expectations for anyone he teaches.

Giorgio also plays the harpsichord and organ and continues to grow in his experience and knowledge by attending post-degree educational music programs and clinics.

Giorgio also teaches at music schools in Vicenza.



Giorgio Dal Monte
Piano Instructor



Michelle Willis
Flute, Recorder & Piano Instructor

Michelle Willis started her musical studies with the piano, recorder and later the transverse flute. She completed her undergraduate degree from Sao Paulo State University in flute performance. In 1997 she received her master’s degree in flute performance from Louisiana State University.

In 1999 Michelle moved to Boston where she taught at the Musical Suite in Newburyport and opened her own studio providing private lessons.

Michelle joined the SKIES*Unlimited* team in 2007 providing instruction for the flute, recorder and beginning piano. She also teaches adult lessons with Soldiers’ Theatre.

Discover Piano, Flute & Saxophone



Francesca Carniato
Saxophone & Piano Instructor

Francesca Carniato began playing the piano at the age of nine. Four years later, she started to play the alto saxophone. In 2009 she was admitted to the Conservatory in Vicenza to study saxophone. In October 2012 she began studying at the University of Padova and moved her music studies to the Conservatory in Padova where she graduated with a degree in saxophone performance in February 2014.

Currently she plays in concerts as a saxophone soloist and pianist. She also plays in a jazz band as first alto sax. She has played in saxophone quartets and in wind ensembles throughout her musical career.



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SKIES *Unlimited*



About the Instructors

During his university studies, **Michele Fracasso** dedicated himself to the study of classical vocal instruction. He received his degree in Voice and Theatre from the Vicenza Conservatory in June 2007.

He teaches music education at a middle school in Vicenza and is the voice instructor at the Academy in Valdagno.

Michele continues his education and skills in voice and theatre attending workshops and expanding his knowledge of diverse genres.

Michele is excited to share his love of singing and music with his SKIES students.



Michele Fracasso
Voice Instructor



Grazia Donadel
Voice Instructor

Grazia Donadel is a singer, lyricist and songwriter. She started singing, playing guitar and composing her own songs at the age of 16.

She loves the voice and its power to free people's emotions and minds. She studied choral singing, bel canto with the soprano Silvia Regazzo, pop with Alejandro Martinez and Danila Satragno, canto dhrupad with Amelia Cuni and Ritwik Sanyal and jazz singing with Francesca Bertazzo, Amy London, Sheila Jordan, Shawnn Monteiro.

In 2013 she graduated in jazz performance from the Conservatory [Academy of Music] in Vicenza. She keeps improving her musical skills by performing all around Italy and by attending musical master classes.

Christian Paganatto was born in Vicenza in 1989. He began playing drums at an early age, and by 14 was recording self-produced CDs and playing with various bands in the Veneto area.

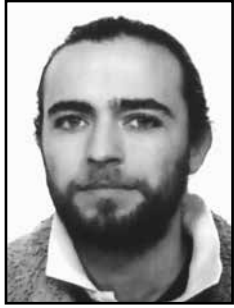
He studied percussion with International musicians such as Alfredo Golino, Kaz Rodriguez, and Calvin Rodgers. He attended the Arrigo Pedrollo Conservatory of Vicenza and is currently working on an undergraduate thesis in Pop Drums.

He has participated in shows such as MTV, Rock TV, and Roxy Bar TV and has studio recordings with Sony, Universal, and EMI. He has a deep commitment and passion for teaching drums to children and youth.



Christian Paganatto
Percussion

About the Instructors



Juan Martin
Oyhenart
Guitar Instructor

Juan Martin Oyhenart was born in Argentina. At age seven, he began studying guitar at the “Gilardo Gilardi” Conservatory of Music in La Plata. In 2002, he moved to Italy to continue his studies and focus on classical music. In 2009, he received his degree in classical guitar performance.

Currently, he is enrolled in a master’s program for classical guitar performance.

Juan has been working as a performer and guitar instructor in several music schools in the Vicenza area since 2007. He also has experience with musical editing and with guitar making and restoration, which has given him a deeper understanding of the instrument.

Arrigo Martelli started playing guitar during childhood. At the age of 10 he was admitted to the Conservatory [Academy of Music] in Vicenza, where he continued his studies in guitar.

In 2007, Arrigo graduated from the Conservatory with the highest degree in classical guitar.

In addition to classical guitar, Arrigo also plays the ukulele, electric and acoustic guitar. He is a member of a number of musical groups including a chamber music quintet and a 50’s style trio which performs American rockabilly and swing in local venues around the Vicenza area.



Arrigo Martelli
*Guitar & Ukulele
Instructor*

Discover Guitar & Ukulele



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Discover Violin & Viola



Federico Zaltron began studying violin at a very young age. He graduated with honors in 2012 with a degree in Violin and Jazz. He has played together with the famous jazz pianist Riccardo Zegna. He is the concertmaster of the Young Talents Jazz National Orchestra. He plays the music of Ellington and Monk in the groups Quartetto in FA, I Federici, and Selfie Jungle. He plays swing music in the group, Swing Job. He has performed in many concerts in Italy and Europe.

Federico is very excited to begin teaching for the Vicenza military community. He loves working with children and youth and is excited to help spread his joy of music.



Federico Zaltron
Violin Instructor

About the Instructors

Marta Guarda is a violin instructor and performer. In 2007 she received her degree in violin performance from the Conservatory [Academy of Music] in Vicenza.

Marta has worked for many years as a violin tutor in Italy, as well as in the United Kingdom while participating in a student exchange program.

She performs with several orchestras and chamber music ensembles, with which she has taken part in various tours in her home country of Italy and abroad.

Passionate about foreign languages and cultures, Marta holds her doctorate in applied linguistics and English studies with the University of Padova.



Marta Guarda
Violin Instructor



Giulia Ferrari
*Violin & Piano
Instructor*

Giulia Ferrari began studying piano at the age of six and began the violin two years later.

She graduated with a piano degree from the Conservatory in Vicenza in 2000 and a violin degree in 2003 from the Conservatory in Padova. She further improved her skills by studying at the "S. Cecilia" Academy in Portogruaro.

Giulia has been teaching both instruments for many years in several music schools in Padova, Vicenza and Venice. She has been a member of many different chamber music and orchestra ensembles and performs both in Italy and abroad.

She also completed her school studies at the University of Padova graduating with a degree in Biology in 2006.

Lidia Manuzzato began studying violin when she was 6 years old. In 2009 she received her degree in violin performance from the Conservatory [Academy of Music] in Vicenza.

Passionate about children, Lidia received her degree in Educational Sciences in 2009 from the University of Padova. She is currently studying Elementary Education.

She performs with several orchestra and chamber music ensembles and has participated in various tours throughout Italy and abroad.

Lidia works as a performer and violin instructor in several music schools in the Vicenza and Verona area.



Lidia Manuzzato
Violin Instructor

HOURLY CARE

AT THE VILLAGGIO CDC

Every Monday-Friday

Between 5:45 a.m. - 6:15 p.m.



Cost: \$4 per hour, per child

Ages: 18 months to 5 years old



UNITED STATES ARMY
CHILD & YOUTH SERVICES

For more information, call 0444-71-8529/8512.

www.italy.armyMWR.com



Elena Zanotto

Sessions & Fees

Open to youth: 5-12 years old

Session 1: Jan. 22 - Feb. 12

Session 2: Feb. 19 - Mar. 12

Session 3: Mar. 19 - Apr. 16
(No class on Apr. 9)

Cost: \$120 per session (4 classes)

Special Event Class: Apr. 30
Ice Cream

Cost: \$30 (1 class)

Class 1: 3:30-5 p.m.

Class 2: 5:30-7 p.m.

Enrollment Min. 4 | Max. 10
Days: Tuesdays

Location: SKIES Bldg. 308, Ederle

Enrollment

Enrollment opens: Jan. 8

Enroll at CYS Parent Central Services, Bldg. 108, or online at <https://webtrac.mwr.army.mil>

About the Instructor

Elena Zanotto has been cooking since she was a child. She discovered her joy of cooking in a countryside where she planted her own vegetables.

She currently owns her own business, a cooking school for children, where she enjoys her passion for Italian food by preparing healthy selected recipes.

Class details

Cooking classes are specifically planned for children to improve their skills in the kitchen.

The course will provide the opportunity to experiment with Italian traditional recipes (home made pasta, pizza, tiramisu, and many others) and discover the local products.

Each session consists of four classes and will involve different recipes so youth can participate in one or all four sessions and discover new ideas in each class on their way to becoming a little chef!

The instructor's goal is for youth to understand the value of homemade recipes and create their own menus. Most of all, they will have fun!

About the Instructors

Valentina Bonelli was born in Vicenza in 1994. She started swimming at a very young age and made the Vicenza water polo female team at the age of 13. She is lifeguard certified and has been coaching water polo and teaching water fitness since the age of 18. She is passionate with the English language and very excited to teach for SKIES which combines all of her favorite things.



Valentina Bonelli



Isabella Pozzato

Isabella Pozzato is originally from the Vicenza area. Her passion for swimming started in her first swim class at the age of three. She began teaching in 1985 at sports clubs in Marostica and Vicenza and has also worked as a lifeguard. She has been teaching with us for the past 7 years and loves instructing children. She also teaches other swim classes in our community.



Discover Swimming

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Health

Orazio Comberlato was born and raised in the Thiene area. His passion for swimming started when he was young and he has been swimming ever since. Orazio began providing swim instruction in 1998 in Thiene. He has also worked as a coach.



Orazio Comberlato

In 2007, in addition to his coaching and instruction he started teaching specialized classes for aquatic rehabilitation and become certified as a reflexologist in 2009. He loves working with children and is very happy to be a part of the SKIES team.



Claudia Gallo

Claudia Gallo started swimming when she was 3 years old. In her youth and teen years she was a competitive swimmer. She started providing swim lessons in 2005 and in 2007 began specializing in Parent & Me swim classes.

Claudia spent a year living and working in Florida as a cultural representative at the Tutto Italia Restaurant in Disney's Epcot theme park in 2012. Working in Florida gave her the opportunity to develop her English language skills.

Federica Chimento was born and raised in Vicenza. She started swimming at the age of 10 and immediately felt she was in her natural element.

Federica has been providing swim instruction to youth in Vicenza for the past three years. She also lifeguards at local pools.

Federica began teaching with the SKIES program in February 2014. She's excited for the experience and the opportunity to practice her English language skills with her students.



Federica Chimento

Assessments and Enrollments

Parents must present a current assessment at the time of enrollment for Level 1-6 classes. Assessments are valid for three (3) months.

Assessment Dates & Times:

Jan. 9 & 10 from 3-6 p.m. at the Ederle Fitness Center indoor pool.

Enrollment opens: Jan. 9

Minimum enrollment of 3 students per group classes for the class to run.

Youth will be reassessed on the final Thursday of each session.

If space is available, youth may enroll in upcoming sessions once they have been reassessed at the end of their current session.

Enroll at CYS Parent Central Services Bldg. 108, Ederle.

SKIES Unlimited



Class details

Parent participation is required in Parent & Me classes.

Infant and Toddler Classes will focus on teaching techniques to help parents orient their children to the water.

Preschool Classes will focus on beginning aquatic skills, preparing youth for entrance into Level 1 swim lessons.

Sessions & Fees

Afternoon/Evening Classes

Session 1: Jan. 15 - Feb. 8

Session 2: Feb. 12 - Mar. 8

Session 3: Mar. 12 - Apr. 5

Session 4: Apr. 16 - May 10
(No classes on Apr. 25 & May 1)

Cost: \$56 (7 lessons) for session 4

Session 5: May 14 - Jun. 7

Cost: \$64/session (8 lessons)

Parent & Me Toddlers, 18-35 months

Wednesdays & Fridays - 4:30-5 p.m.

Parent & Me Preschoolers, 3-5 years

Tuesdays & Thursdays - 5:45-6:15 p.m.

Wednesdays & Fridays - 5-5:30 p.m.

Saturday Morning Classes

Session 1: Jan. 26 - Mar. 2

Cost Session 1: \$48/session (6 lessons)

Session 2: Mar. 9 - Apr. 6

Session 3: May 4 - Jun. 1

Cost Session 2 & 3: \$40/session (5 lessons)

Parent & Me Infants, 6-17 months

11-11:30 a.m.

Parent & Me Toddlers, 18-35 months

10:25-10:55 a.m.

Parent & Me Preschoolers, 3-5 years

9:45-10:15 a.m.

Assessments and Enrollment

Assessments: All interested students must have a current assessment to enroll in Level 1-6 classes. Assessments are valid for three (3) months.

Parents must present a current assessment at the time of enrollment into swim lessons.

Assessment Dates & Times:

Assessments will be held Jan. 9 & 10 from 3-6 p.m. at the Ederle Fitness Center indoor pool.

Families interested in joining the swim program throughout the season can also be assessed when sessions are running on **Tuesdays** from **6:15-6:45 p.m.** or **Thursdays** from **3-3:40 p.m.** Youth need to be dressed and ready to enter the pool.

Enrollment opens: Jan. 9

Classes are held at the Ederle Indoor Pool. Minimum of 3 students per group classes.

Enroll for group level swim classes at CYS Parent Central Services, Bldg. 108, Ederle.

Class details

In early levels, children will be introduced to fundamental aquatic skills. As youth progress through the levels, the focus will be on skill building, stroke development and beginning diving techniques.

Please Note: Swim schedules are subject to change based on pool availability.

Always place your child on the wait list if a class is full. SKIES adjusts offerings and adds classes to sessions when possible.

Sessions and Fees

Session 1: Jan. 15 - Feb. 8

Session 2: Feb. 12 - Mar. 8

Session 3: Mar. 12 - Apr. 5

Session 4: Apr. 16 - May 10

(No classes on Apr. 25 & May 1)

Cost: \$56 (7 lessons) for session 4

Session 5: May 14 - Jun. 7

Cost: \$64/session (8 lessons)

Class Schedule:

Level 1 - Tue & Thur - 3:45-4:30 p.m.

or Wed & Fri - 3:45-4:30 p.m.

Level 2 - Tue & Thur - 4:45-5:30 p.m.

Level 3 - Tue & Thur - 3:45-4:30 p.m.

or Wed & Fri - 3:45-4:30 p.m.

Level 4 - Tue & Thur - 4:45-5:30 p.m.

or Wed & Fri - 4:45-5:30 p.m.

Level 5 - Tue & Thur - 3:45-4:30 p.m.

or Wed & Fri - 3:45-4:30 p.m.

Level 6 - Tue & Thur - 4:45-5:30 p.m.

or Wed & Fri - 4:45-5:30 p.m.

****Classes after 5:30 p.m.****

Level 1 - Tue & Thur - 5:45-6:30 p.m.

Level 2 - Wed & Fri - 5:45-6:30 p.m.

Level 3 - Tue & Thur - 5:45-6:30 p.m.

Level 4 - Wed & Fri - 5:45-6:30 p.m.

Level 5 - Wed & Fri - 5:45-6:30 p.m.

Level 6 - Wed & Fri - 5:45-6:30 p.m.

Discover Swimming

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About the Instructor

Water Polo & Fitness



Valentina Bonelli

Valentina Bonelli was born in Vicenza in 1994. She started swimming at a very young age and made the Vicenza water polo female team at the age of 13.

She is lifeguard certified and has been coaching water polo and teaching water fitness since the age of 18.

She is passionate with the English language and very excited to teach for SKIES which combines all of her favorite things.

Sessions and Fees

Water Fitness

Session 1: Jan. 19 - Feb. 9
Session 2: Feb. 16 - Mar. 9
Session 3: Mar. 16 - Apr. 13
(No class on Apr. 6)
Session 4: Apr. 20 - May 11
Session 5: May 18 - Jun. 8
Cost: \$32/session (4 lessons)

10 years and older

10:45-11:15 a.m.

Classes meet Saturdays at the
Ederle Indoor Pool.

Enrollment

Enrollment opens: Jan. 8

Enroll at CYS Parent Central Services, Bldg. 108, or online at <https://webtrac.mwr.army.mil>

Enrollment Min. 6 | Max. 15

Class details

Water Fitness is a deep water class that will use a variety of deep water exercises to enhance cardiovascular fitness while strengthening and toning muscles.

Note: Students must be comfortable in deep water.

**Swim caps required.*

Sessions and Fees

Water Polo

Evening Classes

Session 1: Jan. 16 - Feb. 8

Session 2: Feb. 13 - Mar. 8

Session 3: Mar. 13 - Apr. 5

Session 4: Apr. 17 - May 10
(No classes on May 1)

Cost: \$56 (7 lessons) for session 4

Session 5: May 15 - Jun. 7

Cost: \$64/session (8 lessons)

10 years and older - 5:45-6:30 p.m.

Classes meet Wednesdays & Fridays
at the Ederle Indoor Pool.

Saturday Classes

Session 1: Jan. 26 - Mar. 2

Cost: \$48 for session 1 (6 lessons)

Session 2: Mar. 9 - Apr. 13
(No class on Apr. 6)

Session 3: Apr. 27 - May 25

Cost: \$40 for sessions 2 & 3 (5 lessons)

10 years and older

11:25 a.m.-12:10 p.m.

Classes meet Saturdays at the
Ederle Indoor Pool.

Assessments and Enrollment

****Enrollment by Assessment****

Assessment Date & Time:

Assessment will be held Jan. 9
& 10 from 3-6 p.m. at the Ederle
Fitness Center indoor pool.

Enrollment opens: Jan. 9

Enroll at CYS Parent Central Services, Bldg.
108, or online at <https://webtrac.mwr.army.mil>

Enrollment Min. 6 | Max. 15

Class details

Water Polo is an exciting, fast-paced game that incorporates many athletic elements. Participants will learn basic skills and strategies of Water Polo including ball control, game plays, passing, set up, and shooting.

This course will harness all the fun dynamic aspects of the game in a safe, easy-to-learn aquatic experience that will motivate kids to swim and stay fit.

Note: Students must be comfortable in deep water. They must be able to comfortably swim the breaststroke and front crawl freestyle with lateral breathing 25 yards continuously without stopping.

** Swim caps required.*

Discover Water Polo



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About the Instructor



Massimo Todeschi

Massimo Todeschi was born in a small town in South Tyrol, Italy and began to play tennis at the age of 6.

He completed his degree in Sport Science in Verona in 2010, and has been teaching tennis ever since.

He works as a tennis fitness coach for many professional players, and he also works for the Italian Federation of Tennis.

Massimo enjoys teaching tennis to children and is excited to have the opportunity to work with English speaking children.

Private Tennis Instruction

SKIES *Unlimited* offers private tennis instruction.

Students learn the basic skills of the game or advance existing skills. Children and youth learn proper tennis strokes, footwork, fundamentals, game play, scoring, and tennis etiquette in a fun environment.

Lessons are offered in 60 minute blocks of time.

Cost is \$30 per hour and lessons are paid for by the month.

Lessons take place between 3-6 p.m. and are held at the Tennis Courts next to SKIES Bldg. 304 on Villaggio.

Availability and Wait lists

SKIES currently has spaces available but availability can change quickly.

If you are interested in tennis instruction for your child, please stop by SKIES in Bldg. 304, Villaggio, or Bldg. 308, Ederle, to place his or her name on the wait lists.

Slots open up monthly as families transition and schedules change.

About the Instructors



Arianna Dalla Montà

Arianna Dalla Montà started practicing gymnastics in Vicenza when she was four years old.

She competed in gymnastics throughout her youth reaching the national level where she specialized in the balance beam, parallel bars, vault and floor.

Arianna has a degree from the University of Padova in Education and is a certified gymnastic and pilates instructor. Arianna loves gymnastics and has been teaching children in all levels of gymnastics for the past 12 years. She also works as a kindergarten teacher. She is excited to share her enthusiasm for the sport with her students.

Teresa Panek is a native of Leavenworth, Kansas and has spent her entire life affiliated with the military community both as a dependent and a spouse.

She enjoyed taking gymnastics classes in elementary school and focused on soccer, basketball and cross-country in middle school. She ran cross-country and track at the collegiate level for Johnson Country Community College and Emporia State.

She holds a Physical Therapy Assistant degree, as well as a bachelors degree in Health Management with a focus on sports.

Teresa continues to share her passion for athletics through volunteering with youth sports, coaching high school cross country, track, and gymnastics.



Teresa Panek

Matteo Pasquale decided to follow his passion for the sport of gymnastics after many years of practice. He is certified as a National Gymnastics Coach Level III for the Italian Gymnastics Federation. His work primarily consists of preparing gymnasts for local, state, national, and international competitions.

Matteo's most important aim is to be able to mentally and physically train gymnasts of all ages.

His biggest satisfaction was winning the 2013 Male Gymnastics Instructor of the Year Award from the Veneto Committee of Gymnastics in Italy. Matteo currently works as a FIPE personal trainer and crossfit coach specialized in private gymnastics instruction.



Matteo Pasquale

Discover Gymnastics & Tumbling

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Sessions & Fees

Toddler & Preschool Gymnastics

Session 1: Jan. 17 - Feb. 21

Session 2: Feb. 28 - Apr. 4

Session 3: Apr. 18 - May 30
(No classes on Apr. 25)

Cost: \$48/session (6 classes)

4-5 years - 9-9:50 a.m.

2-3 years (Parent & Me) - 9:50-10:35 a.m.

Classes meet Thursdays in the
SKIES Mini Gym, Bldg. 304, Villaggio.

Preschool Gymnastics

Session: Jan. 16 - May 15

(No classes on Apr. 10)

Cost: \$136/session (17 classes)

3-4 years - 1:45-2:35 p.m.

Classes meet Wednesdays in the
SKIES Mini Gym, Bldg. 304, Villaggio.

Enrollment

Enrollment opens: Jan. 8

Enrollment Min. 4 | Max. 10

Enroll at CYS Parent Central
Services, Bldg. 108, Ederle, or online
at <https://webtrac.mwr.army.mil>

Classes do not meet on U.S. federal
holidays.

Class details

Toddler & Preschooler Gymnastics:

Parent participation is required
for all Parent & Me classes.
Children and parents should be
dressed in fitness clothing in which
they can move freely.

Classes will work on basic
skills of gymnastics focusing
on body awareness, strength,
movement, mobility and
coordination. Lessons will be
structured with instructional
games, exercises and flexibility
movements.



Sessions & Fees

Beginner Gymnastics

Option 1: Jan. 14 - May 13

1 class per week

(No class on Jan. 21, Feb. 18, Apr. 8 & 22)

4-6 years - 3-3:50 p.m.

7 years and older - 3:50-4:40 p.m.

Cost: \$112 (14 classes)

Classes meet Mondays in the SKIES Gym, Bldg. 304, Villaggio.

Option 2: Jan. 15 - May 16

2 classes per week

(No classes on Apr. 9 & 11)

4-6 years - 3-3:50 p.m.

7 years and older - 3:50-4:40 p.m.

Cost: \$272 (34 classes)

Classes meet Tuesdays & Thursdays in the SKIES Gym, Bldg. 304, Villaggio.

Beginner Tumbling

6 years & older

Session: Jan. 14-May 16

(No class on Jan. 21, Feb. 18, Apr. 8 & 11)

Option 1: Mondays from 4:50-5:40 p.m.

Cost is \$120 (15 classes)

Option 2: Thursdays from 4:50-5:40 p.m.

Cost is \$136 (17 classes)

Classes meet in the SKIES Gym, Bldg. 304, Villaggio.

Enrollment

Enrollment opens: Jan. 8

Enrollment Min. 4 | Max. 10

Enroll at CYS Parent Central Services,
Bldg. 108, Ederle, or online at
<https://webtrac.mwr.army.mil>

Classes do not meet on U.S. federal
holidays.

Class details

Beginning Gymnastics:

Classes will work on basic skills of gymnastics focusing on body awareness, strength, movement, mobility and coordination.

Lessons will be structured with instructional games, physical preparation exercises and entry level use of gymnastics equipment specifically floor work and balance beam skills.

Beginning Tumbling:

Students build on enhancing basic techniques and learn more complex skills in running and standing tumbling such as handstands, cartwheels, round-offs, and back handsprings.

The instructor may move children between classes based on their skill levels.

Discover Beginner Gymnastics & Tumbling



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Sessions and Fees

Intermediate Tumbling

6 years & older

Session: Jan. 15-May 16
(No class on Apr. 9, 11, 25)

Option 1: Tuesdays from 4:40-5:40 p.m.
Cost is \$136 (17 classes)

Option 2: Thursdays from 1:30-2:30 p.m.
Cost is \$128 (16 classes)

Advanced Tumbling

6 years & older

Session: Jan. 17-May 16
(No class on Apr. 11 & 25)

Thursdays from 2-3 p.m.
Cost is \$128 (16 classes)

Intermediate Gymnastics

Session: Jan. 16 - May 17
(No classes on Feb. 15, Apr. 5, 10, 12,
& May 1)

6-8 years - 4:30-6 p.m.
9 years and older - 3-4:30 p.m.

Wednesdays & Fridays
Cost: \$372 (31 classes)

Enrollment

Enrollment opens: Jan. 14

Enrollment Min. 4 | Max. 10

Location: SKIES Gym, Bldg. 304, Villaggio.

Enroll at CYS Parent Central Services, Bldg. 108,
Ederle, or online at <https://webtrac.mwr.army.mil>

Classes do not meet on U.S. federal holidays.

Assessments

Assessments: All interested students must have a current assessment to enroll in Intermediate Gymnastics and Tumbling.

Assessment Dates & Times:

Jan. 14 from 3-4 p.m.

Class details

Intermediate Tumbling:

Students build on enhancing basic techniques and learn more complex skills in running and standing tumbling such as handstands, cartwheels, round-offs, and back handsprings.

The instructor may move children between classes based on their skill levels.

Intermediate Tumbling:

Students must be able to do a back handspring with a light spot.

Intermediate Gymnastics:

Students work on flexibility, strength building, and performing skills on the floor, bars, beam, vault and trampoline putting together routines on different apparatuses and floor.

About the Instructor



Amber Morris

Amber Morris is a yoga instructor and photographer. She has been practicing yoga for close to 20 years.

As Amber's passion for yoga grew, noticing all the benefits she had experienced with her yoga practice she became a certified yoga instructor. She is certified through YogaFit and YogaFit Kids! She has also volunteered teaching yoga to kids through DoDDs schools and kids' programs.

She currently teaches Yoga at Ederle and Del Din Fitness Centers as well as photography at the Ederle Art Center.

Enrollment

Enrollment opens: Jan. 8

Enrollment Min. 6 | Max. 12

Enroll at CYS Parent Central Services, Bldg. 108, Ederle, or online at <https://webtrac.mwr.army.mil>

Sessions and Fees

Yoga

Session 1: Jan. 17 - Feb. 21

Session 2: Feb. 28 - Apr. 4

Session 3: Apr. 18 - May 23

Cost: \$48/session (6 classes)

Ages 6-9 years - 1:20-2 p.m.

Ages 10 years and older - 2-2:45 p.m.

Classes meet Thursdays in the SKIES Mini Gym, Bldg. 304, Villaggio

Teen Yoga

Session 1: Jan. 17 - Feb. 21

Session 2: Feb. 28 - Apr. 4

Session 3: Apr. 18 - May 23

Cost: \$48/session (6 classes)

Ages 13 years and older - 3:30-4:15 p.m.

Classes meet Tuesdays at Vicenza High School

Class details

Yoga is an ancient science that exercises our bodies, our breath, and our minds all at the same time. It helps us to develop flexibility, strength, and balance in our bodies, and confidence, calmness, and focus in our minds.

Classes will include mindful movement, games, and breathwork in a non-judgemental environment.

Attire: Comfortable clothing that students can be active and stretch in, but covers body appropriately; No jeans. Recommended: leggings or sweatpants and a fitted shirt or tee-shirt (tank top as base layer); We'll be upside down at times so wear a top layer that isn't loose. Leotards are fine with stretchy shorts/pants on bottom. We'll practice barefoot or with non-skid, no slip socks.

Discover Yoga



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Class details

Parkour is the art of movement; teaching how to get from point A to point B in the most linear and direct way, traversing obstacles along the path with jumping, tumbling and climbing. Classes may be combined.

**Note - please bring an extra pair of clean shoes to change into for parkour.*

About the Instructor

*Parkour, Junior Force Academy,
Kung Fu & Gymnastics*



Simone Marini

Simone Marini, who has a degree in social services, began studying Parkour in 2007 and has been teaching since 2012. He began studying Shaolin Kung Fu in 1999 and has been teaching since 2007.

Simone has worked as a day care provider and camp counselor programming children's activities in dance, theatre and martial arts.

He is a certified personal trainer and a certified instructor in Parkour, Kung Fu and Artistic Gymnastics and Movement.

Simone's favorite part of teaching is seeing the satisfaction in a student's eyes when he/she can finally do something which he/she believed was impossible.

Simone has been co-teaching Love to Dance with his mother, Silvia Buico, for the SKIESUnlimited program since January 2014 and is excited to share the art of Parkour and his passion for Kung Fu with the youth of Caserma Ederle.

Sessions & Fees

Home School Parkour

Session: Jan. 18 - May 24
(no class on Feb. 15, Apr. 5 & 12)

6-9 years - 11:30 a.m.-12:30 p.m.

10 years & older - 12:35-1:35 p.m.

Cost is \$128 (16 classes)

Days: Fridays

Location: SKIES Gymnasium,
Bldg. 304, Villaggio

Parkour

Session: Jan. 18 - May. 24
(no class on Feb. 15, Apr. 5 & 12)

6-9 years - 5-6 p.m.

10 years & older - 6-7 p.m.

Cost is \$128 (16 classes)

Days: Fridays

Location: SKIES Gymnasium,
Bldg. 304, Villaggio

Enrollment

Enrollment opens: Jan. 8

Enrollment Min. 4 | Max. 10

Enroll at CYS Parent Central Services,
Bldg. 108, Ederle, or online at
<https://webtrac.mwr.army.mil>

Sessions and Fees

Junior Force Academy

Session 1: Jan. 18 - Mar. 15

(no class on Feb. 15)

Session 2: Mar. 22 - May 24

(no class on Apr. 5 & 12)

6 years & older

Cost is \$64 (8 classes)

Classes meet Fridays from 3:55-4:55 p.m. in the SKIES Martial Arts Studio, Bldg. 304, Villaggio.

Shaolin Kung Fu

Session: Jan. 15 - May 23

(no class on Apr. 9, 11, & 25)

6 years & older

Cost is \$280 (35 classes)

Classes meet Tuesday & Thursdays from 3-4 p.m. in the SKIES Martial Arts Studio, Bldg. 304, Villaggio.

Session: Jan. 15 - May 23

(no class on Apr. 9, 11, & 25)

**for homeschoolers*

6 years & older

Cost is \$280 (35 classes)

Classes meet Tuesdays & Thursdays from 10:45-11:30 a.m. in the SKIES Martial Arts Studio, Bldg. 304, Villaggio.

Enrollment

Enrollment opens: Jan. 8
Enrollment Min. 4 | Max. 12

Enroll at CYS Parent Central Services, Bldg. 108, Ederle, or online at

Class details

Junior Force Academy will focus on the discipline, "Flowing through all, there is a balance." Students will learn the basics as well as choreographed fighting. The principle code will be working to control their emotions, respecting their opponent, and gaining an inner peace through meditation.

This discipline takes its fundamentals from the fictional world, but it's developed by mixing different martial art forms and meditation techniques. The principles and skills are real, but fun!

Shaolin Kung Fu class will focus on the discipline of martial arts with exercises to improve strength, flexibility and defensive skills.

Uniforms are required to participate in the Kung Fu program. Junior Force Academy T-shirts are available for purchase at the SKIES office.

****Note - please bring an extra pair of clean shoes to change into for Junior Force Academy & Kung Fu classes.***

Discover Junior Force Academy & Kung Fu



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About the Instructor



Master Macon

Master Macon was born in Raleigh, North Carolina, and has been practicing Martial Arts since 1985.

He has training in several different styles of Martial Arts including Karate, Judo, Kickboxing and Aikido. He has studied and trained directly under Hiroshi Tajiri Sensei, 6th Dan of the Seibukan Aikido Dojo, and Grandmaster Jorge Ordonio of the Karate Tech International Association.

Master Macon is also trained in several different Martial Arts weapons such as Bokken, JO, Nun-chuck, Escrima and Jagger.

He started teaching Martial Arts in 1998 at Minot Air Force Base. There he started the women and children self defense program. He has been teaching Karate Tech at the Aviano Air Base since 2004.

Sessions and Fees

Karate

Open to youth: 6 yrs and older

Classes are held Mondays and Wednesdays in the SKIES Martial Arts Studio, Bldg. 308, Ederle.

Cost is \$8 per class and paid on a monthly schedule.

6-7 years old - 3:30-4:25 p.m.

8-10 years old - 4:30-5:25 p.m.

11 years and older - 5:30-6:30 p.m.

Enrollment

Enroll at CYS Parent Central Services, Bldg. 108, Ederle.

Enrollment is ongoing. Once enrolled, monthly payments can be made online.

Classes do not meet on U.S. federal holidays.

Class details

Uniforms are required to participate in the Karate program. Uniform information will be printed on your receipt at the time of enrollment. Sparring gear will also be necessary once students begin testing for their belts.

Master Macon's program will focus on building Martial Arts skills, confidence and self-esteem. Activities will push youth physically and work to develop and improve self discipline.

About the Instructor



Maestro Aranha

Maestro Aranha began practicing Capoeira in Santa Catarina, Brazil, in 1987 where he learned a street-fighting form of Capoeira.

In 1990, Aranha became affiliated with the Liberdade group, and in 2000 he became part of the Beribazu group, which is one of the largest and most famous Capoeira organizations in the world.

Aranha received the title of Maestro [master], from the Federal University of Brazil. He has dedicated himself to being a representative of the Brazilian culture through Capoeira and more.

Aranha moved to Italy in 2002 and currently teaches Capoeira professionally to youth and adults throughout the Veneto region including Bassano, Vicenza, Verona and Venice Mestre.

Sessions and Fees Capoeira

Open to youth: 6-18 years old

Tuesdays & Thursdays from 3:30-4:20 p.m.

Classes are held in the SKIES Martial Arts Studio, Bldg. 308, Caserma Ederle.

Cost is \$8 per class paid on a monthly schedule.

Enrollment

Enroll at CYS Parent Central Services, Bldg. 108, Ederle.

Enrollment is ongoing. Once enrolled, monthly payments can be made online.

Classes do not meet on U.S. federal holidays.

Class details

Capoeira is described as a mixture of martial arts and games practiced to traditional Brazilian-Portuguese music.

Students study Capoeira as a whole; learning Capoeira movements to the rhythm of music and playing games to increase agility and practice techniques.

In June, students are invited to participate in a Capoeira workshop in Vicenza with Aranha's students from the Veneto Region.

Discover Capoeira



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About the Instructor



Master Kim

Master Kim was born in the Republic of Korea in 1954 and has been practicing Tae Kwon Do for more than 30 years. He is a 9th degree black belt in the Worldwide Tae Kwon Do Federation and earned the title of Master in 1979.

Master Kim is the director of the *Unione Tae Kwon Do E Arti Marziali*, the Italian Union of Tae Kwon Do and Martial Arts.

Master Kim has been teaching martial arts with the youth of this community for over 20 years. He also provides adult classes through the post fitness center.

Master Kim spends many of his weekends traveling throughout Italy serving as a board member for testing students.

Sessions and Fees

Tae Kwon Do

Open to youth: 5-18 years old

Classes are held at the SKIES Martial Arts Studio, Bldg. 304, Villaggio.

Cost is \$8 per class paid on a monthly schedule.

Beginning Tae Kwon Do:
Mon & Wed - 3-4 p.m.

Intermediate Tae Kwon Do:
Mon & Wed - 4-5 p.m.

Advanced Tae Kwon Do:
Mon & Wed - 5-6 p.m.

Enrollment

Enroll at CYS Parent Central Services, Bldg. 108, Ederle.

Enrollment is ongoing. Once enrolled, monthly payments can be made online.

Classes do not meet on U.S. federal holidays.

Class details

Uniforms are required to participate in the Tae Kwon Do program. Uniform information will be printed on your receipt at the time of enrollment.

Tae Kwon Do teaches a mixture of balance, self-defense and discipline.

Students will gain an improved sense of self-confidence and the knowledge to defend themselves if needed.

Sparring gear is required for the Intermediate and Advanced classes.

USAG Italy SKIESUnlimited Policies

CHILD & YOUTH SERVICES REGISTRATION:

All youth are required to be registered with CYS in order to use SKIES programs. Registrations are valid for one year. You can register at Parent Central Services, Building 108. For more info on registration, call +39 0444-71-7219.

BILLING & PAYMENTS: Payment for all SKIES ongoing classes/lessons is due monthly by the 24th to secure your child's slot for the upcoming month.

- Bills for Installment Billed classes are available for payment online (<https://webtrac.mwr.army.mil>) or at Parent Central Services on the 15th of the month.
- It is the parent's responsibility to ensure payment is made by the deadline.
- Failure to pay by the 25th of each month will forfeit your child's slot.
- Installment Billed classes are all Music/Voice Lessons, Tae Kwon Do, Karate and Capoeira.

NOTIFICATION OF DISENROLLMENT:

Parents are required to give a (2) two-week notification to SKIES when disenrolling from a SKIES monthly class to ensure you will not be billed for the upcoming month.

SKIESUnlimited can be contacted via email at usarmy.usag-italy.imcom-europe.mbx.fmwr-vmc-pcs@mail.mil or phone at +39 0444-71-8447.

NO-SHOWS: Instructors are not required to give make-up classes to students who are absent. Make-up lessons for individual-lesson students may be coordinated if SKIES is notified at least 24 hours in advance and the instructor is able to work the student into his/her schedule.

CANCELLATION OF CLASSES: If an instructor is unable to teach, all efforts will be made to contact the students. The class will be rescheduled if the instructor is able.

If the instructor is not able to reschedule, a credit will be applied to the participant's CYS household account.

DISCIPLINE: It is SKIESUnlimited's responsibility to ensure the safety of all participants in the class. If your child is disruptive or does not comply with the health and safety guidance set by the instructor he/she may be asked to leave the class. If the situation cannot be resolved, your child may be asked to leave the class permanently. No refund will be issued in this situation.

WEATHER: There is an automatic cancellation of classes when post schools are closed due to inclement weather, if the post has been closed, or the road conditions are classified as red.

U.S. HOLIDAYS: Classes will not be held on Federal Holidays.

SUPERVISION: SKIESUnlimited's responsibility begins when the student enters the class at the beginning of the lesson and ends when the scheduled lesson is over.

It is the parent's responsibility to drop off his or her child to the instructor for SKIES classes and pick up his or her child from the instructor at the end of the designated class. Per U.S. Army Garrison Italy Policy, Child and Youth Supervision. Children 4th grade and higher are allowed to walk to and from classes, while parents must inform the instructor in writing if they have made arrangements for another adult or a sibling who is in the 7th grade (or older) to escort their child(ren) to and from classes.

PRIVATE INSTRUCTION: A parent or guardian is required to remain in the facility during his or her child's private instruction lesson for all ages.

PARENT PARTICIPATION: Parent participation is required for those enrolled in "Parent & Me" classes.

REFUNDS: Refunds will not be issued after the 1st lesson. Exceptions to this policy are on a case-by-case basis pertaining to PCS orders, emergency orders, or valid medical emergencies.



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Directorate of FAMILY and MORALE,
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MISSION: IMCOM integrates and delivers
base support to enable readiness for a
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VISIT
www.italy.armyMWR.com
<https://webtrac.mwr.army.mil>



UNITED STATES ARMY
CHILD & YOUTH SERVICES



Parent Central Services, Bldg. 108, Ederle
Monday-Wednesday & Friday, 8:30 a.m. - 4:30 p.m.
Thursday, 1 - 6 p.m.
DSN (314) 634-7219, +39 0444-71-7219

SKIESUnlimited, Bldg. 308, Ederle
Monday-Thursday, 1:30 - 5:30 p.m.
DSN (314) 634-8447, +39 0444-71-8447

SKIESUnlimited, Bldg. 304, Villaggio
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