



US ARMY NAF EMPLOYEE BENEFITS PROGRAM

Premiums for Calendar Year 2018

Bi-Weekly Employee Premiums

	DOD Health Benefit Plan	Kaiser Permanente Health Plan (Mid-Atlantic)	Kaiser Permanente Hawaii	Hawaii Medical Service Association
Single no dental	\$77.33	\$98.74	\$91.54	\$108.44
Single + Child(ren) no dental	\$149.24	\$187.60	\$176.67	\$206.04
Single + Spouse no dental	\$178.63	\$207.35	\$211.45	\$248.33
Single + Spouse + Child(ren) no dental	\$236.63	\$296.22	\$280.10	\$345.92
Single with dental	\$81.83	\$103.23	\$97.23	\$112.78
Single + Child(ren) with dental	\$157.92	\$196.27	\$186.91	\$214.28
Single + Spouse with dental	\$189.01	\$217.73	\$222.84	\$258.27
Single + Spouse + Child(ren) with dental	\$250.39	\$309.96	\$297.18	\$359.77

Stand Alone Dental

Single	\$16.61
Single + Child(ren)	\$37.36
Single + Spouse	\$33.21
Single + Spouse + Child(ren)	\$53.97

^{**}Basic Life Insurance \$.14 per \$1,000 of coverage for employee and employer

Dependent Life Insurance \$5,000 spouse/\$2,500 child	Free w/basic life
\$10,000 spouse/5,000 child	\$1.25
\$15,000 spouse/7,500 child	\$2.50
\$20,000 spouse/\$10,000 child	\$3.75
\$25,000 spouse/\$12,500 child	\$5.00

^{**}Note: Premium holiday is currently in effect for basic life insurance only until further notice. You must be enrolled in basic life insurance to take advantage of the premium holiday.

Optional Life Insurance		Bi-Weekly Premiums per \$10,000 coverage		
Under age 35	\$.70	Age 55-59	\$5.40	
Age 35-39	\$.80	Age 60-64	\$8.90	
Age 40-44	\$1.40	Age 65-69	\$12.50	
Age 45-49	\$2.10	Age 70 and over	\$20.50	
Age 50-54	\$3.50	_		

Monthly Premium Continuations

	Single	Single + Child(ren)	Single +Spouse	Single + Spouse +Child(ren)
Retiree Medical Plan with Dental	\$177.27	\$342.15	\$409.51	\$542.48
Retiree Medical Plan without Dental	\$167.54	\$323.36	\$387.02	\$512.69
Temporary Continued Coverage (TCC) for 18 months, NO DENTAL	\$569.65	\$1,099.43	\$1,315.90	\$1,743.14